

2017 editorial calendar

departments

healthbriefs **conscious**eating
globalbriefs **wise**words
ecotips **fit**body
greenliving **inspiration**
healingways **natural**pet
healthykids



themes

JANUARY health & wellness
 plus: affordable
 complementary care

FEBRUARY conscious dying
 plus: children's dental health

MARCH food sensitivities
 plus: holistic eye health

APRIL eco-yards
 plus: medical massage

MAY natural pregnancy
 & childbirth
 plus: women rising

JUNE chronic pain remedies
 plus: hybrid vehicles update

JULY natural detox options
 plus: true prosperity

AUGUST rethinking cancer
 plus: reframing autism

SEPTEMBER graceful aging
 plus: yoga

OCTOBER transformative travel
 plus: chiropractic

NOVEMBER diabetes prevention
 & reversal
 plus: silent retreats

DECEMBER uplifting humanity
 plus: holidays

natural
awakenings®

